

POST PARTUM/NURSERY SKILLS CHECKLIST

Your Completion of this checklist will help us match your skills to the assignment of your choice. Please place a “√” in the column that best describes your experience level with each skill.

KEY

1. Two or more years consistent experience
2. One year consistent experience
3. Intermittent experience
4. No experience

	1	2	3	4
POST PARTUM INTERVENTIONS:				
Assessment				
a) Bladder distention	_____	_____	_____	_____
b) Breast engorgement	_____	_____	_____	_____
c) DVT (deep vein thrombosis)	_____	_____	_____	_____
d) Episiotomy	_____	_____	_____	_____
e) Fluid balance	_____	_____	_____	_____
f) Fundal height	_____	_____	_____	_____
g) GI Function post anesthesia	_____	_____	_____	_____
h) Lochia amount	_____	_____	_____	_____
i) Maternal vital signs	_____	_____	_____	_____
j) Parental/Infant interaction/attachment	_____	_____	_____	_____
k) Perineum:				
1) Hematoma	_____	_____	_____	_____
2) Hemorrhoids	_____	_____	_____	_____
Interpretation of lab results	_____	_____	_____	_____
Equipment & Procedures:				
a) Adult cardiopulmonary resuscitation	_____	_____	_____	_____
b) Contraceptive counseling	_____	_____	_____	_____
c) Discharge teaching	_____	_____	_____	_____
d) Foster parental/infant interaction/attachment	_____	_____	_____	_____
e) Insert catheter, straight/Foley	_____	_____	_____	_____
f) Post anesthesia care:				
1) Epidural	_____	_____	_____	_____
2) General	_____	_____	_____	_____
3) Local	_____	_____	_____	_____
4) Spinal	_____	_____	_____	_____
g) Post Cesarean care	_____	_____	_____	_____
h) Teach & Assist with:				
1) Breastfeeding/parent education:				
a) Latch-on procedures	_____	_____	_____	_____
b) Positioning	_____	_____	_____	_____
c) Use of electric breast pump	_____	_____	_____	_____
d) Use of manual breast pump	_____	_____	_____	_____

	1	2	3	4
2) Formula preparation & feeding	_____	_____	_____	_____
3) Infant care restraint systems	_____	_____	_____	_____
4) Infant caretaking skills	_____	_____	_____	_____
5) Perineal care	_____	_____	_____	_____
6) Sitz bath	_____	_____	_____	_____
Care of a patient with:				
a) Asthma	_____	_____	_____	_____
b) Cardiac disease	_____	_____	_____	_____
c) Cesarean section	_____	_____	_____	_____
d) Diabetes mellitus	_____	_____	_____	_____
e) Infectious disease	_____	_____	_____	_____
f) Substance abuse	_____	_____	_____	_____
g) Multiple births	_____	_____	_____	_____
h) Post tubal ligation	_____	_____	_____	_____
i) Pregnancy induced hypertension/preeclampsia	_____	_____	_____	_____
j) Spontaneous vaginal delivery	_____	_____	_____	_____
Medications:				
a) Antibiotics	_____	_____	_____	_____
b) Diluted Oxytocin infusion	_____	_____	_____	_____
c) IM administration	_____	_____	_____	_____
d) Rhogam administration/teaching	_____	_____	_____	_____
e) SC medications, including narcotics	_____	_____	_____	_____

NORMAL NEONATE CARE:

Assessment:				
a) Ballard scale	_____	_____	_____	_____
b) Circumference	_____	_____	_____	_____
c) Dubowitz scale	_____	_____	_____	_____
d) Length	_____	_____	_____	_____
e) Neonatal jaundice	_____	_____	_____	_____
f) Reflexes	_____	_____	_____	_____
g) Vital signs	_____	_____	_____	_____
h) Weight	_____	_____	_____	_____

Post Partum/Nursery Skills Checklist

Equipment & Procedures:

- a) Administer injections to neonate _____
- b) Assist with circumcision care _____
to parents _____
- 1) Assess site post op _____
- 2) Teach circumcision care to _____
parents _____
- c) Bathe infant _____
- d) Culture suspect infectious neonate _____
- e) Discharge planning _____
- f) Incubator/isolettes _____
- g) Infant identification _____
- h) Monitor bladder & bowel patterns _____
- 1) Obtain urine specimens _____
- 2) Test stool for blood _____
- i) Neonate cardiopulmonary resuscitation _____
- j) Phototherapy _____
- k) Thermo-neutral environment to _____
prevent cold stress _____

PHLEBOTOMY/IV THERAPY:

Equipment & procedures:

- a) Administration of blood/blood products: _____
Packed red blood cells _____
- 1) Packed red blood cells _____
- 2) Plasma/albumin _____
- 3) Whole blood _____
- b) Drawing blood from central line _____
- c) Drawing venous blood _____
- d) Starting IV: _____
- 1) Angiocath _____
- 2) Butterfly _____
- 3) Heparin lock _____

Care of the patient with:

- a) Central line/catheter/dressing _____
- b) Peripheral line/dressing _____

PAIN MANAGEMENT:

Assessment of pain level/tolerance _____

Care of a patient with:

- a) Epidural anesthesia/analgesia _____
- b) IV conscious sedation _____
- c) Patient controlled analgesia (PCA pump) _____

MY EXPERIENCE IS PRIMARILY IN:

- Couplet (mother/baby) _____ years
- Newborn nursery _____ years
- Post Partum _____ years

Name

Signature

Date