

PEDIATRIC SKILLS CHECKLIST

Your Completion of this checklist will help us match your skills to the assignment of your choice. Please place a “√” in the column that best describes your experience level with each skill.

KEY

1. Two or more years consistent experience
2. One year consistent experience
3. Intermittent experience
4. No experience

	1	2	3	4
CARDIOVASCULAR:				
Assessment				
a) Auscultation (rate, rhythm, volume)	_____	_____	_____	_____
b) Blood pressure/non-invasive	_____	_____	_____	_____
c) Heart sounds/murmurs	_____	_____	_____	_____
d) Perfusion	_____	_____	_____	_____
Interpretation of lab results	_____	_____	_____	_____
Equipment & procedures:				
a) Basic EKG interpretation	_____	_____	_____	_____
b) Non-invasive cardiac monitoring	_____	_____	_____	_____
Care of a patient with:				
a) Bacterial endocarditis	_____	_____	_____	_____
b) Cardiac arrest	_____	_____	_____	_____
c) Cardiomyopathy	_____	_____	_____	_____
d) Congenital heart defects/disease	_____	_____	_____	_____
e) Congestive heart failure	_____	_____	_____	_____
f) Myocarditis	_____	_____	_____	_____
g) Pericarditis	_____	_____	_____	_____
h) Cardiac cath	_____	_____	_____	_____
i) Rheumatic fever	_____	_____	_____	_____
j) Shock	_____	_____	_____	_____
k) Cardiac surgery	_____	_____	_____	_____
Medications:				
a) ACLS drugs	_____	_____	_____	_____

RESPIRATORY:				
Assessment:				
a) Breath sounds	_____	_____	_____	_____
b) Rate & work of breathing	_____	_____	_____	_____
Equipment & procedures				
a) Airway management devices/suctioning:				
1) Bulb syringe	_____	_____	_____	_____
2) Nasal airway/suctioning	_____	_____	_____	_____
3) Oral airway/suctioning	_____	_____	_____	_____
4) Tracheostomy/suctioning	_____	_____	_____	_____
b) Apnea monitor	_____	_____	_____	_____
c) Chest physiotherapy	_____	_____	_____	_____

	1	2	3	4
d) Chest tubes	_____	_____	_____	_____
e) Oximeter	_____	_____	_____	_____
f) Oxygen therapy delivery systems:				
1) Face mask	_____	_____	_____	_____
2) Hood	_____	_____	_____	_____
3) Isolette	_____	_____	_____	_____
4) Tent	_____	_____	_____	_____
5) Trach collar	_____	_____	_____	_____
g) Water seal drainage system	_____	_____	_____	_____
Care of a child with:				
a) Asthma	_____	_____	_____	_____
b) Bronchiolitis (RSV)	_____	_____	_____	_____
c) Bronchopulmonary dysplasia (BPD)	_____	_____	_____	_____
d) Cystic fibrosis	_____	_____	_____	_____
e) Epiglottitis	_____	_____	_____	_____
f) LTB/croup	_____	_____	_____	_____
g) Pertussis	_____	_____	_____	_____
h) Pneumonia	_____	_____	_____	_____
i) Tonsillitis	_____	_____	_____	_____
j) Tuberculosis	_____	_____	_____	_____
Medications:				
a) Alupent (Meraproteranol)	_____	_____	_____	_____
b) Aminophylline (Theophylline)	_____	_____	_____	_____
c) Isuprel (Isoproterenol)	_____	_____	_____	_____
d) Ventolin (Albuterol)	_____	_____	_____	_____

NEUROLOGICAL/ORTHOPEDICS:				
Assessment – Level of consciousness	_____	_____	_____	_____
Equipment & procedures:				
a) Application of splints	_____	_____	_____	_____
b) Assist with lumbar puncture	_____	_____	_____	_____
c) Cast	_____	_____	_____	_____
d) ICP monitoring	_____	_____	_____	_____
e) Pinned fractures	_____	_____	_____	_____
f) Traction	_____	_____	_____	_____
Care of a child with:				
a) Battered child syndrome	_____	_____	_____	_____

- b) Closed head trauma _____
 - c) Clubfoot _____
 - d) Encephalitis _____
 - e) Febrile seizures _____
 - f) Meningitis _____
 - g) Multiple sclerosis _____
 - h) Multiple trauma _____
 - i) Near drowning _____
 - j) Neuromuscular disease _____
 - k) Osteogenic sarcoma _____
 - l) Osteomyelitis _____
 - m) Spinal cord injury _____
- Medications:
- a) Clonazepam (Klonopin) _____
 - b) Corticosteroids _____
 - c) Dilantin (Phenytoin) _____
 - d) Phenobarbital _____
 - e) Tegretol (Carbamazepine) _____
 - f) Valium (Diazepam) _____

GASTROINTESTINAL:

- Assessment: _____
- a) Abdominal _____
 - b) Nutritional _____
- Interpretation of lab results _____
- Equipment & procedures: _____
- a) Feedings: _____
- 1) Bottle _____
 - 2) Breast _____
 - 3) Central hyperalimentation _____
 - 4) Gavage _____
 - 5) Peripheral hyperalimentation _____
- b) Gastrostomy/button _____
 - c) I-tubes _____
 - d) Jejunal feeding _____
 - e) NG & sump tubes to suction _____
 - f) Penrose drains _____
 - g) Placement of naso/orogastric tubes _____
 - h) Wound irrigation/dressing change _____
- Care of the child with: _____
- a) Anal fissure _____
 - b) Cleft lip/palate _____
 - c) Colostomy _____
 - d) Diaphragmatic hernia _____
 - e) Failure to thrive _____
 - f) Gastroenteritis/dehydration _____
 - g) GE reflux _____
 - h) GI bleed _____
 - i) Ileostomy _____
 - j) Intestinal parasites _____
 - k) Necrotizing enterocolitis _____
 - l) Pyloric stenosis _____
 - m) Surgical abdomen _____
 - n) Ulcerative colitis _____

RENAL/GENITOURINARY:

- Assessment – fluid balance _____
- Interpretation of lab values _____
- Equipment & procedures: _____
- a) Assist with suprapubic tap _____
 - b) Catheter insertion: _____
 - 1) Catheter care _____

- 2) Female _____
 - 3) Indwelling _____
 - 4) Male _____
 - 5) Straight _____
 - c) Collection of urine specimen _____
- Care of the child with: _____
- a) Circumcision _____
 - b) Glomerulonephritis _____
 - c) Hemodialysis _____
 - d) Hemolytic uremic syndrome _____
 - e) Hypospadias _____
 - f) Ileal conduit ureteral _____
 - g) Infantile polycystic disease _____
 - h) Nephrotic syndrome _____
 - i) Peritoneal dialysis _____
 - j) Renal failure _____
 - k) Urinary tract infection _____
 - l) Wilm's tumor _____

ENDOCRINE/METABOLIC:

- Assessment _____
- Interpretation of lab values _____
- Equipment & procedures: _____
- a) Blood glucose testing _____
- Care of the child with: _____
- a) Adrenal disorders _____
 - b) Cushing's syndrome _____
 - c) Juvenile diabetes _____
 - d) Pituitary disorders _____
 - e) Thyroid malfunction _____
- Medications: _____
- a) Growth hormone _____
 - b) Insulin _____
 - c) Thyroid medications _____

HEMATOLOGY/ONCOLOGY:

- Assessment of the nutritional status _____
- Interpretation of lab results _____
- Equipment & procedures – reverse isolation _____
- Care of the child with: _____
- a) Anemia _____
 - b) Bone marrow transplant _____
 - c) Depressed immune system _____
 - d) Disseminated intravascular coagulation _____
 - e) Hemophilia _____
 - f) Hodgkin's disease _____
 - g) Infectious mononucleosis _____
 - h) Leukemia _____
 - i) Malignant tumors _____
 - j) Sickle cell anemia _____
 - k) Spleen trauma/splenectomy _____
- Medications: _____
- a) Chemotherapy certification YES NO _____
 - b) Prednisone _____

MEDICATION ADMINISTRATION FOR CHILDREN:

- Calculation of pediatric doses _____
- Eye/ear installation _____
- Knowledge of emergency drugs _____
- Knowledge of routine pediatric drugs _____
- Metered dose inhaler _____

PHLEBOTOMY/IV THERAPY:

- Equipment & procedures:
- a) Administration of blood/blood products:
 - 1) Cryoprecipitate _____
 - 2) Packed red blood cells _____
 - 3) Whole blood _____
 - b) Drawing blood from central line _____
 - c) Drawing venous blood _____
 - d) Starting IV's:
 - 1) Angiocath _____
 - 2) Butterfly _____
 - 3) Heparin lock _____
- Care of the child with:
- a) Central line/catheter/dressing _____
 - 1) Broviac _____
 - 2) Groshong _____
 - 3) Hickman _____
 - 4) Portacath _____
 - 5) Quinton _____
 - b) Cutdown line/dressing _____
 - c) Peripheral line/dressing _____

- c) Third degree burns _____
- d) Pressure sores _____
- e) Staged decubitus ulcers _____
- f) Sterile dressing changes _____
- g) Surgical wounds with drains _____
- h) Use of air fluidized, low airloss beds _____
- i) Wound care/irrigations _____

PAIN MANAGEMENT:

- Assessment of pain level/tolerance _____
- Care of the child with:
 - a) Epidural anesthesia/analgesia _____
 - b) IV conscious sedation _____
 - c) Narcotic analgesia _____

INFECTIOUS DISEASE:

- Interpretation of lab values _____
- Equipment & procedures:
- a) Fever management _____
 - b) Isolation _____
- Care of the child with:
- a) AIDS/HIV _____
 - b) Common childhood disease _____
 - c) Cytomegalo virus _____
 - d) Hepatitis _____
 - e) Kawasaki disease _____
 - f) Lyme disease _____

MY PEDIATRIC EXPERIENCE IS PRIMARILY IN:

- Medical _____ years
- Surgical _____ years
- Telemetry _____ years
- Orthopedics _____ years
- Oncology _____ years
- Neurology _____ years
- Psychiatry _____ years
- Rehabilitation _____ years

Total years in pediatric nursing _____ years

MISCELLANEOUS:

- Assessment:
- a) Normal growth & development _____
 - b) Normal laboratory values _____
 - c) Recognize signs of abuse & neglect _____
- Medication – immunization schedule _____
- Care of the child with:
- a) Anorexia/bulimia _____
 - b) Craniofacial reconstruction _____
 - c) Depression _____
 - d) ENT surgery _____
 - e) Eye surgery _____
 - f) Ingestion of foreign body _____
 - g) Plastic surgery _____
 - h) Suicidal threats/actions _____

Name

Signature

Date

WOUND MANAGEMENT:

- Assessment:
- a) Skin for impending breakdown _____
 - b) Stasis ulcers _____
 - c) Surgical wound healing _____
- Equipment & procedures:
- a) First degree burns _____
 - b) Second degree burns _____