

# Winyah Nursing Services, Inc.

SERVING YOUR STAFFING NEEDS

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## LABOR AND DELIVERY SKILLS CHECKLIST

Your Completion of this checklist will help us match your skills to the assignment of your choice. Please place a “√” in the column that best describes your experience level with each skill.

### KEY

1. Two or more years consistent experience
2. One year consistent experience
3. Intermittent experience
4. No experience

	1	2	3	4
<b>MEDICATION ADMINISTRATION:</b>				
Administration of medication from stock	_____	_____	_____	_____
Unit dose system	_____	_____	_____	_____
IM/Sub-Q medication	_____	_____	_____	_____
Magnesium Sulfate therapy	_____	_____	_____	_____
Oxytocin induction/augmentation	_____	_____	_____	_____
Labor suppressants	_____	_____	_____	_____
Monitor IV drips	_____	_____	_____	_____
Antibiotics	_____	_____	_____	_____

<b>IV THERAPY:</b>				
IV Lines	_____	_____	_____	_____
Regulate IV fluids	_____	_____	_____	_____
Mix IV infusion with medications	_____	_____	_____	_____
Discontinue peripheral IV	_____	_____	_____	_____
IV infusion pumps	_____	_____	_____	_____
Heparin locks	_____	_____	_____	_____
Blood/Blood products	_____	_____	_____	_____
CVP readings	_____	_____	_____	_____

<b>ASEPTIC TECHNIQUE RELATIVE TO L&amp;D:</b>				
Set up delivery	_____	_____	_____	_____
Set up cesarean section table	_____	_____	_____	_____
Cesarean section/circulate	_____	_____	_____	_____
Cesarean section/scrub	_____	_____	_____	_____
Tubal ligation/circulate	_____	_____	_____	_____
Tubal ligation/scrub	_____	_____	_____	_____
Artificial rupture of membranes	_____	_____	_____	_____
Placement of fetal scalp electrodes for internal monitoring	_____	_____	_____	_____
Placement of an intrauterine catheter for internal monitoring	_____	_____	_____	_____
Fetal scalp blood sampling procedure	_____	_____	_____	_____
Straight or Foley catheter	_____	_____	_____	_____
Vaginal exam: assess effacement, dilation, and presentation	_____	_____	_____	_____

	1	2	3	4
<b>PROVIDE CARE TO:</b>				
Pregnancy-induced hypertension	_____	_____	_____	_____
Preeclampsia	_____	_____	_____	_____
Eclampsia	_____	_____	_____	_____
Abruptio placenta	_____	_____	_____	_____
Placenta previa	_____	_____	_____	_____
Multiple gestation	_____	_____	_____	_____
Malpresentation	_____	_____	_____	_____
Premature labor	_____	_____	_____	_____
Diabetes mellitus	_____	_____	_____	_____
Cardiac disease	_____	_____	_____	_____
Asthma	_____	_____	_____	_____
Infectious disease	_____	_____	_____	_____

<b>OBSTETRIC TECHNIQUES AND PROCEDURES:</b>				
Stress test (OCT)	_____	_____	_____	_____
Non-stress test (NST)	_____	_____	_____	_____
Cardiopulmonary resuscitation:				
a) Adult	_____	_____	_____	_____
b) Infant	_____	_____	_____	_____

<b>ASSESSMENT DURING LABOR:</b>				
Assess & document progression of labor	_____	_____	_____	_____
Contraction characteristics	_____	_____	_____	_____
Status of membranes	_____	_____	_____	_____
Assess & document fetal status	_____	_____	_____	_____
Determine fetal position	_____	_____	_____	_____
Auscultate FHR using:				
a) Fetoscope	_____	_____	_____	_____
b) Doppler ultrasound	_____	_____	_____	_____
Monitor FHR & uterine activity patterns				
a) Fetal monitoring	_____	_____	_____	_____
b) External monitors	_____	_____	_____	_____
Internal monitor:				
a) Identify FHR	_____	_____	_____	_____
b) Variability/reactivity	_____	_____	_____	_____
c) Decelerations-early, late, variable	_____	_____	_____	_____
d) Tachycardia/bradycardia	_____	_____	_____	_____

Labor and Delivery Skills Checklist

- Assess & document maternal status \_\_\_\_\_
- Vital sign for patient stability \_\_\_\_\_
- Deviations from the norm \_\_\_\_\_
- Intake and output \_\_\_\_\_
- Provide physical comfort measures \_\_\_\_\_
- Provide emotional support \_\_\_\_\_
- Support, guide labor coach \_\_\_\_\_
- Do a perineal prep \_\_\_\_\_
- Monitor after rupture of membranes \_\_\_\_\_

**PREVENTION DURING DELIVERY:**

- Spontaneous vaginal delivery \_\_\_\_\_
- Forceps vaginal delivery \_\_\_\_\_
- Cesarean section \_\_\_\_\_
- Leboyer delivery \_\_\_\_\_
- General anesthesia \_\_\_\_\_
- Regional anesthesia \_\_\_\_\_
- Epidural \_\_\_\_\_
- Spinal \_\_\_\_\_
- Local infiltration \_\_\_\_\_

**IMMEDIATE CARE OF INFANT POST-BIRTH:**

- Apgar scores \_\_\_\_\_
- Physically examine newborn \_\_\_\_\_
- Suction infant \_\_\_\_\_
- Weigh infant \_\_\_\_\_
- Administer IM & eye prophylaxis \_\_\_\_\_
- Collect cord blood samples \_\_\_\_\_
- Transfer newborn to nursery \_\_\_\_\_

\_\_\_\_\_  
Name

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date